

hello SUMMER

 **EXCELHR** ANNUAL SUMMER GUIDE

hello JUNE

Now until Jun 16. **Ottawa Italian Week Festival.** Food, art, music and more. Preston St. italianweekottawa.ca

Now until Sept 8. **Gauguin: Portraits.** 65 carefully selected works by Paul Gauguin. National Gallery of Canada. gallery.ca

Jun 13-15. **Festival Franco-Ontarien.** Featuring Diane Dufresne, Laurence Nerbonne and other Francophone artists. Major's Hill Park. ffo.ca

Jun 13-23. **Ottawa Fringe Festival.** Uniting artists and audiences in theatre. Various locations. ottawafringe.com

Jun 14. **Casino Royale.** Casino night supporting the Ottawa Senators Foundation. Brookstreet Hotel. \$55+. casinoroyaleottawa.com

Jun 14-15. **Montebello Rock.** Outdoor music festival with camping. \$85+. montebellorock.com

Jun 14-15. **Glowfair Festival.** 10 blocks of music and art. Bank Street. Free. glowfairfestival.ca

Jun 14-16. **Ferrari Festival.** Cars, food and family fun. Preston St. fcaottawa.com

Jun 14-16. **Carivibe Ottawa.** Parade Jun 15 at 12pm on Wellington St. carivibe.com

Jun 14-Oct 5. **Capital Pop Up Cinema.** Outdoor movies in various locations. capitalpopupcinema.com

Jun 15. **Mad Trapper Trail Beer Mile** (Denholm). Beer followed by a trail race. trailbeermile.com

Jun 15, Jul 20, Aug 24. **Crafts and Drafts.** Live entertainment and family activities. Beyond the Pale Brewery. btppshop.ca

Jun 16. **Happy Father's Day!**

Jun 16. **Father's Day Brunch at Stonebridge Golf Club.** 10am and 12:30pm seatings. \$32 adults, \$15 kids. stonebridgegc.com

Jun 16. **Father's Day Brunch at Perspectives.** 9:30am to 1:30 pm with brunch favourites and BBQ zone. \$44 adults, \$25 kids. brookstreethotel.com

Jun 16. **Preston Street Criterium.** Ottawa's longest running closed circuit bike race. prestonstreetcriterium.ca

Jun 16. **CMAOntario Awards.** Featuring Jason Blaine, Meghan Patrick and more. \$74+. nac-cna.ca

Jun 17-30. **Welcoming Ottawa Week.** Cultural and Celebratory events to welcome newcomers. olip-plio.ca

Jun 17, Jul 16, Aug 15, Sept 14. **Full Moon Yoga.** Lansdowne Park. Free. ottawayoga.com

Jun 18. **Compost Pedal.** Recover green waste from local businesses. North Collective Garden. facebook.com/Pédale-au-Compost-415102112375200

Jun 19-23. **RibFest.** Featuring over 13 international "ribbers". Spark St. sparkslive.com

Jun 19, Jul 24, Aug 28. **Field to Plate Dinner Series.** Featuring menus inspired by their fields. \$55 per person. strathmere.com

Jun 20. **REDBLACKS Home Opener** vs. Saskatchewan Roughriders. TD Place. \$29+. ottawaredblacks.com

Jun 20. **Joey Landreth.** Roots and rock artist. \$20. nac-cna.ca

Jun 20-22. **Cirque Goes Broadway.** Cirque-style performance to Broadway hits. \$52+. nac-cna.ca

Jun 20-23. **Summer Solstice Indigenous Festival.** Live music, family activities and Pow-Wow. Vincent Massey Park. ottawasummersolstice.ca

Jun 20-23. **Ottawa Dragon Boat Festival.** Featuring dragon boat races, a half moon run, volleyball, axe throwing, concerts and more. Mooney's Bay. dragonboat.net

Jun 21-23. **Maxville Fair.** Rides and live music. maxvillefair.ca

Jun 21-24. **Festival L'Outaouais en Fête.** Music, rides and fireworks. \$80. festivaloutaouaisenfete.com

Jun 21-Jul 1. **Jazz Festival.** Norah Jones, The Roots, Judith Hill and more. Confederation Park. ottawajazzfestival.com

Jun 22. **A Taste of the Wild.** Four-course educational meal with food historian. \$90+. historymuseum.ca

Jun 22-23. **Escapade.** Featuring DJ Snake, Martin Garrix and Loud Luxury. TD Place. \$120+. escapademf.com

Jun 23. **Push For Your Tush.** 10km and 5km run or walk for colon cancer. Lansdowne Park. coloncancer canada.ca

Jun 23. **Fête Nationale du Quebec en Outaouais.** Laval Street, Gatineau. fetenationale.quebec

Jun 28. **Super Fly: Nature Nocturne.** \$25. nature.ca

Jun 29-Jul 7. **Ontario Family Fishing Week.** License-free fishing across Ontario. ontariofamilyfishing.com



hello JULY

Jul-Aug. **Sunflower Field Bloom.** Flowers in bloom mid-late July. Central Experimental Farm. agr.gc.ca

Jul 2-Aug 17. **Torchlight Shakespeare.** Romeo and Juliet by William Shakespeare. 50 performances at 35 community parks around the city. fools.ca

Jul 2-Aug 19. **Rythmo-Tonic.** Free fitness classes in parks around Gatineau. gatineau.ca

Jul 4-6. **Festival D'Humour de Gatineau.** Place de la Cité. humourgatineau.com

July 4-14. **Bluesfest.** Featuring, alt-J, The Killers, Kygo, Backstreet Boys and more. \$75+. For full festival lineup, visit: ottawabluesfest.ca

Celebrating 25 years

First headliner in 1994 was Clarence Clemons, drawing in 70 people with tickets costing \$4 a day.

Today, there are more than 3,500 community volunteers every year, drawing a crowd of 25,000-30,000 people.

300,000 cans of beer are estimated to be consumed this year.

Top acts Kanye West, Foo Fighters and Lady Gaga command fees of over \$1 million.

Jul 4-18. **Music and Beyond.** Classical music and art festival. musicandbeyond.ca

Jul 5-6. **Bugs Bunny at the Symphony II.** Looney Toons played live. \$29+. nac-cna.ca

Jul 5-7. **Almonte Celtfest.** Gemmill Park. almonteceltfest.com

Jul 5-7. **Wonders of Sand** (Gatineau). Sand sculptures and water activities. Parc du Lac-Beauchamp. merveillesdesable.com

Jul 5-14. **Tremblant International Blues Festival.** NEW pedestrian village and music workshops. blues.tremblant.ca

Jul 6. **Meech Lake Triathlon.** O'Brien Beach. meechlaketri.ca

Jul 6. **613flea.** Antique and vintage clothing sale. Aberdeen Pavilion. 613flea.ca

Jul 6-7. **Nautical Festival.** Free canoeing, kayaking and paddleboarding followed by free BBQ. Centre de Voile Grande-Rivière. fetedunautisme.ca

Jul 7. **Amazing Thailand Festival.** Food, dancing, Muay Thai, massages and more. Lansdowne Park. tdplace.ca

Jul 9-Sept 8. **Northern Lights: Sound and Light Show.** Parliament Hill. canada.ca

Jul 12-14. **National Capital Regatta.** Sailing Competition. byc.ca

Jul 13. **HOPE Volleyball SummerFest.** Mooney's Bay. hopehelps.com

Jul 13. **GranFondo Ottawa.** 235K, 180K, 150K and 65K bike routes. Richcraft Recreation Complex. granfondoottawa.org

Jul 15-21. **Gatineau National Bank Challenger.** Professional tennis tournament. Parc de l'Île. \$10+. gatineau.nationalbankchallenger.com

Jul 17. **The 5/15 Farm Run.** 5 and 15 km races on the grounds of the Experimental Farm. runottawa.ca

Jul 17-21. **Lebanese Festival.** Food, performances and market. St Elias Cathedral. ottawalebanesefestival.com

Canada Day Fireworks Cruise. See the fireworks up close and on the water. \$65. capitalcruises.ca

Canada Day Road Race. 10km, 5km and kid's fun run in support of the Kanata Food Cupboard. runottawa.ca

O' Canada Orléans. Kid Zone, inflatable rides, volleyball tournament, BBQ and fireworks. Petrie Island. ocanadaorleans.ca

Walter Baker Park. Live bands, family fun zones, midway games and fireworks display. Kanata. canadadayinkanata.com

Parliament Hill. Live performances by KAYTRANADA, The Strumbellas, Brett Kissel and more. canada.ca/canada-day

Major's Hill Park. Buskers, art exhibitions, performances by CHANCES, Said the Whales and more. canada.ca/canada-day

Aviation and Space Museum. Free admission, rocket launch and plenty of family activities. ingeniumcanada.org

Clarks Fields Park (Barrhaven). Live bands, midway, Kidz Zone and fireworks at 10pm. canadadaybarrhaven.ca

Canadian Museum of History. Free admission, interactive exhibits and performances by James Jones, Angela Gladue and more. canada.ca

Mackenzie King Estate. Free access to the estate, giant birthday cake, lawn games and Sons of Scotland performances. ncc-ccn.gc.ca

SUP EH! Watch the fireworks from a paddleboard on the Ottawa River. \$29. urbanoceansupottawa.com

Ottawa Rowing Club Cottage and River Party. Free watersports and lawn games, cake and lemonade on the Ottawa River. ottawarowingclub.com

Canada Day in Cornwall. Live music, food vendors, beer garden and fireworks. Lamoureux Park. cornwalltourism.com

Jul 18-21. **Kemptville Live Music Festival.** Featuring Kim Mitchell, David Wilcox and more. \$60+. kemptvillelivemusicfestival.com

Jul 19. **Def Leppard.** \$55+. canadiantirecentre.com

Jul 19. **ALABAMA.** \$100+. tdplace.ca

Jul 19-21. **Capital Ukrainian Festival.** Food, beer garden, live music and cultural workshops. St. John the Baptist Ukrainian Catholic Shrine. capitalukrainianfestival.com

Jul 19-21. **Stewart Park Festival.** Featuring over 18 artists performing in the park. Free. stewartparkfestival.com

Jul 20. **5K Foam Fest.** 5K course with 22 obstacles. Marked Paintball. the5kfoamfest.com

Jul 21. **Boochfest.** Celebrate all things Kombucha. Horticulture Building. boochfest.ca

Jul 25-Aug 8. **Chamberfest.** Showcasing classical music. chamberfest.com

Jul 26-27. **Mirror Mountain Film Festival.** Showcasing Canadian independent cinema. \$10. Arts Court. mirrormountainfilmfest.com

Jul 26-28. **Ottawa Asian Fest.** Night Market on Somerset. ottawaasianfest.com

Jul 27. **National Capital Run.** 10K and 5K run. Mooney's Bay. somersault.ca

Jul 28. **National Capital Car Show.** \$5. wesleycloverparks.com

Jul 30. **An Evening With Michael Bubl .** canadiantirecentre.com

hello AUGUST

Aug 1-Sept 1. **Cirque Du Soleil Alegria.** \$67+. Zibi Site. cirquedusoleil.com

Aug 2-3. **Glengarry Highland Games** (Maxville). Entertainment, children's activities and more. glengarryhighlandgames.com

Aug 2-5. **Capital Ribfest.** City Hall. capitalribfest.ca

Aug 2-5. **Ottawa International Busker Fest.** Spark St. sparkslive.com

Aug 2-11. **Rogers Cup** (Montreal). Men's tennis tournament. Finals Aug 11 at 1:30pm. couperogers.com

Aug 4-25. **Brunch in Perfect Harmony.** Outdoor, European square-style brunch with live music every Sunday in August. Aubry Alley. \$55. gatineau.ca

Aug 5. **Colonel By Day.** Free admission and live entertainment. Bytown Museum. heritageottawa.org

Aug 7-11. **Gatineau Country Festival.** Robert Guertin Centre. General admission \$13+. countrygatineau.com

Aug 7-11. **Asinabka Film and Media Arts Festival.** Celebrating Indigenous Arts in Algonquin Territory. asinabkafestival.org

Aug 8-11. **Navan Fair.** Demolition derby, midway rides, parade and live music. \$12. navanfair.com

Aug 9-11. **The Great India Festival.** Music, art, dance, yoga and cooking. City Hall. tgifottawa.ca

Aug 9-11. **Nordstock Musical Festival.** Celebrating the 50th Anniversary of Woodstock. \$60+. tdplace.ca

Aug 9-18. **Ottawa South Asian Fest.** Ottawa City Hall. southasianfest.net

Aug 10-24. **Sound of Light.** Firework displays. Tune in to Majic 100.3 for audio. Museum of History. feux.qc.ca

Aug 14-18. **Curd Festival.** St. Albert. festivaldelacurd.ca

Aug 15-18. **Havelock Country Jamboree.** Featuring Bill Currington, Brett Kissel and more. havelockjamboree.com

Aug 15-18. **Vankleek Hill Fair.** Rides, music and parade. vankleekhillfair.ca

Aug 15-25. **Ottawa GreekFest.** Greek Orthodox Church. ottawagreekfest.com

Aug 16. **Rob Zombie & Marilyn Manson.** \$60+. canadiantirecentre.com

Aug 16-25. **Capital Fair.** Over 30 rides, demolition derby, performances and more. Rideau Carleton Entertainment Centre. capitalfair.ca

Aug 17. **Water Lantern Festival.** Food trucks, music and floating lanterns. \$34+. waterlanternfestival.ca

Aug 17. **Petrie Island Summer Smash.** Beach volleyball tournament. petriesummersmash.com

Aug 17. **A Taste of Manotick.** Food sampling, live music and patios open. Main St. from Bridge to Currier St. manotickvillage.com

SummerLaughs

What do you call a French man wearing sandals?
Philippe Phloppe!

When do you GO at red and STOP at green?
When you're eating a watermelon!

Why can't the Toronto Raptors go on vacation?
Because they would get called for travelling!

Why do singers like performing when it's 30 degrees out?
Because they know they'll be surrounded by fans!

How do grizzlies keep their den cool?
They use bear conditioning!

Aug 17-18. **Fuse Street Festival.** Music, street performers and activities. Westboro Village. westborovillage.com

Aug 17-18. **MS Bike Tour.** Bike from Ottawa to Cornwall supporting the MS Society. mssociety.ca

Aug 17-18. **Maker Faire.** Engineers, artists, scientists and crafters. Arts Court. ottawa.makerfaire.com

Aug 18. **Shawn Mendes.** \$87+. canadiantirecentre.com

Aug 18. **Cycle for Sight.** 100K, 50K and gravel grind in support of the Foundation Fighting Blindness. Carp Fairgrounds. ffb.ca

Aug 18-25. **Capital Pride Festival.** ottawacapitalpride.ca

Aug 20-Sept 8. **Come From Away.** \$65+. nac-cna.ca

Aug 21-24. **Nostalgia Music Festival.** LeBreton Flats. \$50+. nostalgiafestival.ca

Aug 23. **Rob Thomas.** \$45+. canadiantirecentre.com

Aug 24. **MUDGIRL run.** 5K run with over 17 obstacles. Wesley Clover Parks. mudgirlrun.com

Aug 24. **Lumière Festival.** Acrobats, fire weavers and musicians. Stanley Park. lumiereottawa.ca

Aug 29-Sept 2. **Gatineau Hot Air Balloon Festival.** Baie Park. montgolfieresgatineau.com

hello SEPTEMBER

Sept 1. **Latin Parade.** Starting at 2pm on Wellington St. Festival and fair at City Hall. latinamericanfestival-latino.org

Sept 5-8. **Russell Fair.** Activities, midway rides, animal shows and live entertainment. russellfair.com

Sept 7. **PorchFest Hintonburg Edition.** Over 50 local musicians play across the neighbourhood. ottawaporchfest.ca

Sept 7-8. **Riverside Festival.** EDM music festival. \$70+. Canadian Museum of History. riversidefestival.ca

Sept 8. **THE RIDE.** 120K and 50K bike races. Tunney's Pasture. dotheride.ca

Sept 8. **Wiggle Waggle Walk and Run.** In support of the Ottawa Humane Society. Lansdowne Park. ottawahumane.ca/walkrun

Sept 8. **Walk of Hope.** 5km or 2.5km run or walk followed by live music and food. Andrew Haydon Park. ovariancanada.org

Sept 11-15. **CityFolk.** Featuring The Strumbellas, Our Lady Peace, Leon Bridges and more. Lansdowne Park. \$110+. cityfolkfestival.com

Sept 14. **ULTRA Night Run.** 10K and 5K run or walk. LeBreton Flats. ultranightrun.ca

Sept 15. **Terry Fox Run.** 10K, 5K and 1K walk, run or rollerblade. Multiple locations. terryfox.org

Sept 15. **RBC Race for the Kids.** Supporting Youth Mental Health at CHEO. Wesley Clover Park. rbc4tkottawa.ca

Sept 19-22. **Richmond Fair.** Celebrating 175 years of midway rides, entertainment and more. richmondfair.ca

Sept 20-22. **Living Statues on Sparks.** Featuring Balloon Artists, Face Painters, live music and more. sparkslive.com

Sept 22. **Army Run.** Half marathon, 10K and 5K run benefiting Solider On and the Military Families Fund. Canadian War Museum. armyrun.ca

Sept 22. **Dean Brody and Dallas Smith.** \$39+. canadiantirecentre.com

Sept 23. **The Full English Show.** Starring David Neilson and Peter Gunn from Coronation St. \$50+. algonquinsa.com

New Eats

Queen St. Fare (Downtown). Food hall with six local vendors from coffee to lunch to drinks in the evening. 170 Queen St. queenstfare.ca

Eldorado Taco (Little Italy). Traditional Mexican street food and cocktail menu based on mezcal and tequila. 170 Preston St. facebook.com/eldoradotacoottawa

Selfmade (Sandy Hill). Sustainable juice bar and vegetarian café using 100% biodegradable packaging. 261 Laurier Ave East. selfmadestrong.com

La Duperie (Westboro). Montreal-based soft-serve ice cream shop offering variety of flavours, dips and toppings. 429 Richmond Rd. laduperie.com

Farinella (Little Italy). Traditional and affordable pizza, pasta and other Italian delights. 492 Rochester St. farinellaeats.com

OCCO Kitchen (Downtown). An Orleans favourite just opened up it's second location downtown. 160 Bay St. occokitchen.com

Bistro 827 (Chelsea). Perfect for a post-hike or weekend brunch. 168 Old Chelsea Rd. facebook.com/bistro827



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